By Syeda Henna Babar Ali



- Some people take from this world
- Some people give to this world
- Be a giver most of the time
- Take as little as possible
- Give and the universe rewards you by giving you more and blessing you with contentment, peace of mind and tranquility.

- To be of service you can:
- Listen with all completeness, heart, body, mind and soul
- Give your time
- Share your experience
- Mentor
- Teach
- Learn
- Evolve



- Don't worry about impact
- Give without having any expectation of reward from anyone otherwise it is transactional
- The Universal Power rewards intent
- Give and you shall receive
- Give because you are blessed and want to share.



- Learn to give whatever you can
- It is the intent that matters more than the quantity of what you give.
- Give with sincerity.
- Give and want nothing in return.
- Give because you are blessed.
- Give because you want to be blessed.
- Give because you want to share
- Sharing is a blessing, it empowers you and those who receive whatever you have to give, knowledge, learning, money, time.



- Service has it's own intrinsic rewards
- Service makes you feel good
- Service makes you feel blessed
- Service turns you into a role model for others to follow and emulate.